



Lauric Pearls is an easy to swallow capsule format of Organic Virgin Coconut Oil from a certified organic source. Virgin Coconut Oil contains more of medium-chain triglycerides that do not raise your cholesterol like other saturated fats. About 50 percent of coconut oil consists of Medium-chain triglycerides, or MCTs, primarily one being Lauric acid. Lauric acid gives coconut oil significant immune system boosting abilities, being antibacterial and antifungal, Lauric acid helps to repress high cholesterol levels and blood pressure. This oil in fact, promotes cardiovascular health and provide antioxidant benefits.

Adding a single dose to a daily balanced diet, along with exercise gives you the best balance of health and energy .

#### Salient features:

- Reduces risk of atherosclerosis, heart disease and related illnesses.
- Reduces risk of cancer and other degenerative conditions.
- Helps prevent bacterial, viral, and fungal (including yeast) infections.
- Supports immune system function.
- Helps prevent osteoporosis.
- Helps control diabetes.
- Promotes weight loss.
- Supports healthy metabolic functions.
- Provides an immediate source of energy.
- Supplies fewer calories than other fats.
- Supplies important nutrients necessary for good health.
- Improves digestion and nutrient absorption.
- Has a mild delicate flavor.
- Is highly resistant to spoilage (long shelf life).

- Is heat resistant (the healthiest oil for cooking).
- Helps keep skin soft and smooth.
- Helps prevent premature aging and wrinkling of the skin.
- Helps protect against skin cancer and other blemishes.
- Functions as a protective antioxidant.
- Does not contain cholesterol.
- Does not increase blood cholesterol level.
- Does not promote platelet stickiness that leads to blood clot formation.
- Does not contribute to atherosclerosis or heart disease.
- Does not promote cancer or any other degenerative disease.

### Contents:

Extra virgin coconut oil, Gelatin (soft gel), Glycerin.

# Specification:

Product : 100% Organic Virgin Coconut Oil

Description : Centrifuged , Vacuum dried & cold pressed

Origin : India

Ingredient : 100% Organic Coconuts

Pesticides : Ni

Processing : From fresh coconuts

Smell : Characteristic aroma of Coconut oil : Characteristic taste of Coconut oil

Colour and appearance : Crystal clear Saponification value : 242 – 265

Moisture and impurities : No more than 0.20%

Colour : Less than 2.0R / 20. Y ( lovibond scale )

C-12 Lauric Acid : 45.0 - 51.0C- 18 Oleic : 5.4 - 9.9Iodine value : 5 - 13

Peroxide value : less than 3.0 meg / Kg

Melting point : 21 – Deg C Refractive index : 1.448 – 1.452

Free Fatty Acid : Not more than 0.60 Oleic & 0.20 Lauric

C-6 Caproic Acid : 0 - 2%

C - 8 Caprylic Acid : 0.91 - 10 %
C-10 Capric Acid : 3.78 - 11%
C-16 Palmitic Acid : 4.0 - 10.2 %
C-18 Stearic Acid : 1.0 - 5.0 %
C-14 Myristic Acid : 16 - 21 %
C-18 Linoleic Acid : 0.56 - 1.8%



#### Directions for use:

Take 4 capsules daily with meals as a single dose. One capsule of Lauric Pearl typically contains 1,000 milligrams of VCO. Four capsules (4 Grams) of Lauric Pearl will provide 3500 mg of saturated fats that constitute 1900 mg of Lauric Acid. This is expected to provide about 18 percent to 25 percent of the daily value of saturated fat for an adult based on a 2,000-calorie-a-day diet. Adding single dose to a daily balanced diet, along with exercise gives you the best balance of health and energy.

### **Usage precautions:**

Do not exceed the recommended intake.

Lauric Pearl is not meant to treat or cure any disease or medical condition. Please consult your doctor before starting any nutritional supplement program or before using this product during pregnancy or if you have a serious medical condition. Natural Oils are not an alternative to medical care.

Keep the container always tightly closed after use.

# Storage:

Lauric Pearls should be stored away from direct sunlight. Exposure to heat and light destroys the oil's nutritional benefits.

Screw on cap tightly after use in original container.

Store out of reach of children.

**Packing:** 120 x 1,000mg Capsules in amber bottles. (Custom packaging for bulk orders is available on request)

Shelf Life: 2 Years from the date of manufacture.

# Important:

Be sure to read all Directions, Usage Precautions and First Aid Measures on product labels before use of Lauric Pearls or any INCON product. If in doubt, get in touch with INCON customer service. Material Safety Data Sheets for all INCON products are available by visiting www.inconproducts.in

# Non Warranty:

Manufacturer or seller of this product makes no warranty expressed or implied concerning the use of this product other than the aforementioned purpose. Manufacturer or seller is not liable for any injury or damage caused by this product arising out of misuse, misunderstanding or any application not specifically described and recommended on the safety data sheet.

#### Guarantee:

INCON's production and quality control system ensure uniform quality. However if dissatisfied with the performance of the product, you may return any unused portion for credit or replacement within 6 months of the date of manufacture.

### **INCON Products**

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